

CLAIM SET AS AMENDED

1. (Currently Amended) A shoe, comprising:

an outsole including a projected portion having a ground-contact surface formed thereon, said outsole including a heel portion and a forefoot portion; and

a plurality of spikes located on the heel portion and the forefoot portion of said outsole, each of said plurality of spikes being removably mounted to said outsole and including a disk shaped portion and a plurality of pins and having a ground-contact portion, an entirety of said plurality of spikes being made of a molded rubber material having a JIS-C hardness in the range from 35 to 95 and an elongation at break of 280% or more; said molded rubber material contains 30 wt% or more of polybutadiene as a rubber component thereof; the difference $(h_1 - h_2)$ between a projected height (h_1) of said spike and a projected height (h_2) of said projected portion is in the range from 0mm to 15mm; and a difference $(C_1 - C_2)$ between a hardness (C_1) of the ground contact portion of the spike and a hardness (C_2) of the projected portion measured by JIS-C is in the range from 5-80.

↑ of the outsole

2. (Previously Presented) The shoe according to claim 1, wherein said polybutadiene contains a cis-1,4 linkage at 70% or more in the polymer structure thereof.

Claim 3 (Canceled)

4. (Currently Amended) A shoe, comprising:

an outsole including a projected portion having a ground-contact surface formed thereon, said outsole including a heel portion and a forefoot portion ; and

a plurality of spikes located on the heel portion and the forefoot portion of said outsole, each of said plurality of spikes being removably mounted to said outsole and including a disk shaped portion and a plurality of pins and having a ground-contact portion, an entirety of said plurality of spikes being made of a molded rubber material having a JIS-C hardness in the range from 35 to 95 and an elongation at break of 280% or more; said molded rubber material contains 30 wt% or more of acrylonitrile-butadiene copolymer as a rubber component thereof; the difference $(h_1 - h_2)$ between a projected height (h_1) of said spike and a projected height (h_2) of said projected portion is in the range from 0mm to 15mm; and a difference $(C_1 - C_2)$ between a hardness (C_1) of the ground contact portion of the spike and a hardness (C_2) of the projected portion measured by JIS-C is in the range from 5-80.

Claim 5 (Canceled)